

2025年度 一般入試後期日程試験問題 (3月3日)

英 語

注 意 事 項

- 1 試験開始の合図があるまで、この問題冊子の中を見てはいけません。
- 2 試験中に問題冊子の印刷不鮮明、ページの落丁・乱丁及び解答用紙の汚れ等に気付いた場合は、手を挙げて監督者に知らせなさい。
- 3 解答用紙には、解答欄以外に次の記入欄があるので、監督者の指示に従って、それぞれ正しく記入し、マークしなさい。

① 受験番号欄

受験番号(英字及び数字)を記入し、さらにその下のマーク欄にマークしなさい。正しくマークされていない場合は、採点できないことがあります。

② 氏名欄

氏名を記入しなさい。

③ 解答科目欄

解答する科目を1つ選び、科目の下の○にマークしなさい。マークされていない場合又は複数の科目にマークされている場合は、0点となります。

- 4 解答は、解答用紙の解答欄に1つマークしなさい。例えば、 と表示のある問いに対して○と解答する場合は、次の(例)のように解答番号5の解答欄の○にマークしなさい。

(例)

解答番号	解 答 欄
5	<input type="radio"/> ① <input type="radio"/> ② <input type="radio"/> ③ <input type="radio"/> ④ <input checked="" type="radio"/> ⑤ <input type="radio"/> ⑥ <input type="radio"/> ⑦ <input type="radio"/> ⑧ <input type="radio"/> ⑨ <input type="radio"/> ⑩

- 5 試験終了後、問題冊子は持ち帰りなさい。

英 語

(解答番号 ~)

[I] 次の文章を読み、問いに答えよ。

We all know that exercise is good for your health. But some kinds of exercise may be better than others. Running, for example, may help to protect against heart disease and other health problems. Running may also help you live longer. Researchers say it is (1) how far you run. It also does not matter how fast or even how often you run. As advertisements for the running shoe Nike say, "Just do it."

Recently, researchers studied more than 55,000 adults to examine the effects of running on health. About one-fourth of the adults reported running regularly. The study found these runners were considerably less likely than non-runners to die of any form of disease, including heart disease. In fact, the runners lived, on average, three years longer than the non-runners. This study lasted 15 years. During that time, more than 3,400 of the individuals died. About 1,200 of the deaths were linked to heart disease, heart attack or stroke.

One of the researchers is a man named D.C. Lee. He is an assistant professor of kinesiology, or the science of movement, at Iowa State University. Compared to non-runners, he says, runners showed a much lower risk of dying from some diseases. "Compared to non-runners, runners showed 30 percent lower risk of death by any causes, including heart attack, stroke and cancer. Also, runners compared to non-runners showed 45 percent lower risk of death by cardiovascular disease, including heart attack and stroke."

Mr. Lee and the other researchers found that speed, distance and

how often one runs made (3) in reducing the risk of death. The runners in the study averaged between 10 and 16 kilometers per hour. Mr. Lee says slower runners, and those who only ran once or twice a week, were helped nearly as much as those who ran faster and further. "And also we looked at the running over time and we found that persistent runners—those who had run over six years—showed the biggest benefits." To stay healthy, doctors suggest that adults up to age 65 do 150 minutes of moderate exercise every week. They say these individuals also need 75 minutes of vigorous exercise, like running, every week for good health.

The researchers note that their study was based on the participants' answering questions over the years. The study lacked complete information on what these men and women ate and other facts about their lifestyles. Researchers say this missing information could have affected the results. Still, they hope their findings will motivate healthy adults to start running, a bit, down the road to a longer life.

Running may be good exercise, but it can be difficult on the body. Here are some commonly shared ideas among fitness experts to reduce the risk of injury for people new to running or jogging.

Do not run too much, too soon or too fast. Most people get running injuries when they push themselves too hard. The body needs time to get used to increases in distance or speed. Muscles and joints need time to recover.

Most running injuries do not come unexpectedly. (5), there are warning signs. They may include body aches, sore muscles and pain that does not go away.

There is no single best shoe for every runner. You should find the shoe that offers the best fit and support for your feet. More importantly, you should replace your shoes every 500 to 800 kilometers.

Take some time after each run to write down notes about what you did and how you felt. Look for patterns, things that happen over and over again. For example, you may find that your knees ache when you run on consecutive or back-to-back days. But perhaps you feel great when you rest in between running days. These notes will help you identify the best workout for you.

As we said earlier, running is hard on your body. So physical fitness experts suggest some form of cross training to (7) muscle balance and to help you stay injury free. They say swimming, cycling, and yoga are good exercises to combine with running. These exercises are easier on the body.

問1 空所 (1) を満たすものとして最も適切なものを①~④の中から一つ選べ。 1

- ① not expensive ② not important
- ③ not ridiculous ④ not fabulous

問2 下線部②の内容として最も適切なものを①~④の中から一つ選べ。 2

- ① a comparison of the health of runners and non-runners
- ② a comparison of the shoes that runners choose
- ③ a study on friendship between runners and non-runners
- ④ a study on the average age of long-distance runners

— 3 —

5 (3.3E)

問3 空所 (3) を満たすものとして最も適切なものを①~④の中から一つ選べ。 3

- ① a big difference ② a real difference
- ③ no difference ④ little difference

問4 下線部④の内容として最も適切なものを①~④の中から一つ選べ。 4

- ① adults ② doctors ③ minutes ④ runners

問5 空所 (5) を満たすものとして最も適切なものを①~④の中から一つ選べ。 5

- ① Unfortunately ② Rarely
- ③ Usually ④ Exceptionally

問6 下線部⑥の内容として最も適切なものを①~④の中から一つ選べ。 6

- ① warning signs ② improving results
- ③ running shoes ④ walking distances

問7 空所 (7) を満たすものとして最も適切なものを①~④の中から一つ選べ。 7

- ① massage ② abandon ③ lose ④ improve

— 4 —

6 (3.3E)

問8 本文の表題として最も適切なものを①~③の中から一つ選べ。 8

- ① For Running a Longer Distance, Find Running Mates
- ② For a Healthier Body, Go to See Your Doctors
- ③ For a Longer Life, Go Running

問9 本文の内容と一致するものを①~⑥の中から三つ選べ。ただし、解答の順序は問わない。 9 ~ 11

- ① Approximately a quarter of the adults in the study were frequent runners.
- ② Runners are said to live three years less than non-runners.
- ③ Runners compared to non-runners have a 45 percent higher risk of death from disease.
- ④ Mr. Lee says that running slowly once or twice a week is better than running faster and more often.
- ⑤ The participants' responses did not reveal much about their lifestyles.
- ⑥ Runners should buy new shoes after 500 to 800 kilometers' running.

— 5 —

7 (3.3E)

〔II〕 次の文章を読み、問いに答えよ。

〔II〕 については著作物の使用許諾が取れないため
本文を掲載していません。

— 6 —

8 (3.3E)

〔Ⅱ〕については著作物の使用許諾が取れないため
本文を掲載しておりません。

問1 下線部 12 ~ 14 を補うものとして最も適切なものを①~③の中
から一つ選べ。

- ① because people and organizations aren't as prepared for hot weather
- ② if your home is likely to be too hot and unsafe to stay in
- ③ depending on whether bodies, cultures, and architecture are adapted to heat

— 7 —

9 (3.3E)

— 8 —

10 (3.3E)

問2 以下の設問の答えとして最も適切なものを①~③の中から一つ選べ。

1. Which group is more likely to experience health damage when
air temperatures soar? 15

- ① People who have certain health conditions.
- ② People who live alone.
- ③ Office workers who only work indoors.

2. What does the writer of this article recommend? 16

- ① To make a cooling plan for neighbors who do not have air conditioning.
- ② To drink a lot, including soft drinks, tea and coffee.
- ③ To find a place with a lower temperature when the weather is very hot.

問3 本文の表題として最も適切なものを①~③の中から一つ選べ。 17

- ① A Hot Weather Plan Is Important to Stop Global Warming
- ② A Heat Safety Plan Is Essential to Stay Healthy
- ③ A New Climate Plan Is Necessary to Keep a Sustainable Environment

問4 本文の内容と一致するものを①~④の中から二つ選べ。ただし、解答の順
序は問わない。 18 ~ 19

- ① Climate change has made it difficult to distinguish the four seasons.
- ② High temperatures can affect disabled people who might have difficulty avoiding the heat.
- ③ In New England, fewer people die at a lower temperature than in the American South.
- ④ Heat-related illness refers to things such as heat rash, heat exhaustion, and kidney disease.

— 9 —

11 (3.3E)

— 10 —

12 (3.3E)

〔Ⅲ〕 次の問いに答えよ。

問1 各文の空所〔 20 〕～〔 23 〕に入る最も適切なものを①～④の中から一つ選べ。

1. He is〔 20 〕 strength.

- ① second to none in ② none in second to
③ in second none to ④ to none in second

2. How do you handle〔 21 〕 people when there is trouble?

- ① of such kinds ② of kinds such
③ such kinds of ④ kinds of such

3. If the engine doesn't start,〔 22 〕 a push.

- ① let's give it ② give it let's
③ it let's give ④ give let's it

4. This service does not act on requests〔 23 〕.

- ① a fashion in timely ② in a fashion timely
③ a timely fashion in ④ in a timely fashion

— 11 —

13(3.3E)

問2 以下の英文には、誤りがそれぞれ一か所ある。下線部(1)～(4)の中から一つ選べ。

1. He appears to have been waited a long time. 〔 24 〕
(1) (2) (3) (4)

2. A wide selection of contract types is of available to our customers. 〔 25 〕
(1) (2) (3) (4)

3. Regular equipment maintenance can help to ensuring our products have a longer life. 〔 26 〕
(1) (2) (3) (4)

— 12 —

14(3.3E)

〔Ⅳ〕 次のそれぞれの会話文の下線部〔 27 〕～〔 36 〕を補うのに最も適切な英文を①～⑤の中から一つ選べ。英文はすべて使用し、同じ英文を二度使うことはない。

1. Goro: Wow, you can write so many Japanese *kanji*!

Gary: _____〔 27 〕_____

Goro: _____〔 28 〕_____

Gary: _____〔 29 〕_____

Goro: Oh, you really do like *kanji*!

Gary: _____〔 30 〕_____

Goro: _____〔 31 〕_____

Gary: I like the character for "person." There's one line supporting the other, right? It's like a poem about what it means to be human.

- ① It's kind of my hobby. I go to a calligraphy class too, you know.
② Do you have a favorite one?
③ Come on! I don't say "Wow!" every time you use a big word in English!
④ I am impressed, really. I think you can write more *kanji* than me!
⑤ Of course I do. Every character has its own story.

— 13 —

15(3.3E)

2. Hanayo: I'm so busy these days. I can't remember the last time I could just relax.

Sachiko: Well, there's a long weekend coming just around the corner. How will you spend it?

Hanayo: _____〔 32 〕_____

Sachiko: _____〔 33 〕_____

Hanayo: _____〔 34 〕_____

Sachiko: _____〔 35 〕_____

Hanayo: Actually, I got the idea from a book.

Sachiko: _____〔 36 〕_____

- ① I'm not sure yet. I'm just going to get on the train and then get off when I feel like it.
② Well, try to take it easy. I hope you have a nice trip.
③ I just want some time to myself. So, I'm going to turn my phone off and go on a journey.
④ Where are you going to go?
⑤ That's a nice idea! It's like something someone might do in a movie.

— 14 —

16(3.3E)

[V] 次の各文の意味内容に合うように、与えられた語①～⑤をすべて用いて英文を完成させた際に、空所〔 37 〕～〔 40 〕に入る最も適切なものを一つ選べ。

1. 彼はこの町で一番背が高い。

He is by () (〔 37 〕) () () () this town.

- ① boy ② far ③ in
④ tallest ⑤ the

2. 彼はそのことを考えて一人ではほほ笑んだ。

He smiled to () () (〔 38 〕) () () it.

- ① at ② himself ③ of
④ the ⑤ thought

3. 彼らが今オーストラリアに住んでいるという噂を聞いた。

I () () () (〔 39 〕) () are living in Australia now.

- ① a ② heard ③ rumor
④ that ⑤ they

4. 彼女は女優として成功したいと思っている。

She () () () () (〔 40 〕) as an actress.

- ① desire ② has ③ succeed
④ the ⑤ to

入試	日程	科目	大問	執筆者名	書名	発行所	クレジット
公募	11/20	国語		堀越 英美	女の子は本当にピンクが好きなのか	河出書房新社	
公募	11/21	国語		橋本 裕介	芸術を誰が支えるのか —アメリカ文化政策の生態系	京都芸術大学 舞台 芸術研究センター	
公募	12/14	国語		小川 さやか	「その日暮らし」の人類学 もう一つの資本主義経済	光文社	
一般	前期 1/23	国語	甲乙	平野 卿子	女ことばってなんなのかしら？ 「性別の美学」の日本語	河出書房新社	
一般	前期 1/23	日本史	Ⅲ-D	竹久 夢二	日本史探究 所収 黒船屋	実教出版	
一般	前期 1/23	世界史	I	臼井 隆一郎	アウシュヴィッツのコーヒー コーヒーが映す総力戦の世界	石風社	
一般	前期 1/23	世界史	Ⅱ	牧角 悦子	アジア人物史 第1巻神話世界と古代帝国(古井 龍介他)所収 中国神話 中国古代史の再構成	集英社	
一般	前期 1/23	政治 経済	Ⅱ	経済企画庁	昭和31年度 経済白書 —日本経済の自立と近代化—	至誠堂	
一般	前期 1/24	国語	甲乙	可児 弘明	鶉飼	中央公論新社	
一般	前期 1/24	日本史	I-1 21	平賀 源内	高校日本史 所収 西洋婦人図	山川出版社	Photo: Kobe City Museum/DNPartcom 無断で複写・転載を禁じる
一般	前期 1/24	世界史	I	菊池 良生	神聖ローマ帝国	講談社	
一般	前期 1/24	世界史	Ⅱ	並木 頼寿	日本人のアジア認識(世界史リブレット 66)	山川出版社	
一般	前期 1/24	政経	I	内田 樹	街場の米中論	東洋経済新報社	
一般	前期 1/27	国語	甲乙	飯島 渉	感染症の歴史学	岩波書店	
一般	前期 2/3	国語	甲乙	カレル・チャペック 作 栗栖 継 訳	山椒魚戦争	岩波書店	
一般	前期 2/3	日本史	Ⅲ-D 37		日本史探究 所収 戦後の復員・引揚げ者者数	実教出版	
一般	前期 2/3	世界史	I	池上 俊一	ヨーロッパ史入門 市民革命から現代へ	岩波書店	
一般	前期 2/4	国語	甲乙	西村 祐子	皮革とブランド 変化するファッション倫理	岩波書店	
一般	後期 3/3	国語	甲乙	牟田 都子	文にあたる	垂紀書房	
公募	11/20	英語	I	Caty Weaver Ashley Thompson	VOA Learning English April 16, 2019 Study: Paper Reading More Effective Than Screen Reading	VOA News	
公募	11/21	英語	I	Bianca Vásquez Toness	VOA Learning English November 07, 2023 Housing Important for Keeping Children in School ⇒原典: AP, Nov 2, 2023 At 15, he is defending his home and parenting his sister. One young man's struggle to stay in school	VOA News ⇒The Associated Press	
公募	12/14	英語	I	Matthew Cantor	The Guardian Tue 17 Oct 2023 US pedestrian deaths are soaring. Is it time to ban right turns on red lights?	The Guardian	Copyright Guardian News & Media Ltd 2026
一般	前期 1/23	英語	I		WHO Europe website 17 November 2023 "For me, long COVID was life destroying" – Eric, a vicar from the UK, on how rehabilitation services gave him hope	WHO Europe website	For me, long COVID was life destroying" – Eric, a vicar from the UK, on how rehabilitation services gave him hope. World Health Organization; 2023. Licence: CC BY-NC-SA 3.0 IGO.
一般	前期 1/23	英語	Ⅱ	RHYANNON BARTLETT	Nikkei Asia January 19, 2024 Fujitsu's role in U.K. Post Office scandal: 4 things to know	Nikkei Asia	Nikkei Asia "Fujitsu's role in U.K. Post Office scandal: 4 things to know" Jan 19, 2024 ・Fujitsu's role in U.K. Post Office scandal: 4 things to know (Nikkei Asia, Jan 19, 2024)より一部改変 ・日本経済新聞社に許諾を得て掲載し ています ・無断で複写・転載を禁じる
一般	前期 1/24	英語	Ⅱ	Martin Buzacott	ABC 19 Aug 2020 What is the best classical music to recommend to a newcomer?	ABC	Reproduced by permission of the Australian Broadcasting Corporation - Library Sales Martin Buzacott © 2020 ABC
一般	前期 1/27	英語	I	Jacob Reed	Sustainable Japan February 19, 2021 How the pandemic will change artists' spaces, choices and voices	The Japan Times	The Japan Times, Feb 19, 2021
一般	前期 2/3	英語	I	Angelique Chrisafis	The Guardian Sat 10 Feb 2024 Fighting the smartphone 'invasion': the French village that voted to ban scrolling in public	The Guardian	Copyright Guardian News & Media Ltd 2026
一般	前期 2/3	英語	Ⅱ		EDIBLE WAY	EDIBLE WAY project	
一般	前期 2/4	英語	I	Paul Wiseman	VOA Learning English January 30, 2024 IMF Sketches Brighter View of Global Economy, Upgrading Growth Forecast and Seeing Lower Inflation ⇒原典: AP, Jan 30, 2024 IMF Sketches Brighter View of Global Economy, Upgrading Growth Forecast and Seeing Lower Inflation	VOA News ⇒The Associated Press	
一般	前期 2/4	英語	Ⅱ	Amelia Gentlem	The Guardian Tue 13 Feb 2024 '97% seemed absurd': Labour's Stephen Timms on the English test scandal that wrecked lives	The Guardian	Copyright Guardian News & Media Ltd 2026
一般	後期 3/3	英語	I	Jessica Berman Anna Matteo	VOA Learning English June 02, 2015 For a Longer Life, Go Running	VOA News	"For a Longer Life, Go Running" by Anna Matteo, VOA Learning English, June 2, 2015 based on "5 Keys to Running Healthy and Staying Injury- Free" by Jennifer Van Allen, Runner's World, Apr 25, 2013.
一般	最終日程 英・国総 合型	英語	I	Futoshi Mori	The Japan News October 16, 2024 Serendipitous "Genji" Encounter Changed Keene's Life; Exhibition Shows Work's Charms Through Scholar's Eyes	The Yomiuri Shimbun	2024年10月17日The Japan News
一般	最終日程 英・国総 合型	英語	Ⅱ		Bangkok Post, Jan 24, 2025 Bangkok air pollution forces 352 schools to close	AFP	© Agence France-Press